



## Yacht Regatta Friday 3<sup>rd</sup> July to Sunday 5<sup>th</sup> July 2026

### NOR / Sailing Instructions

This event comprises a series of 5 races to be run over Saturday and Sunday with a Novice Helm race on the Friday evening.

#### 1. RULES AND SAFETY

- 1.1 All races will be governed by the World Sailing Racing Rules of Sailing, (RRS), the prescriptions of the Royal Yachting Association, the rules of the One Design Classes (except as any of these are altered by these sailing instructions), and by these sailing instructions. White sail races will be governed by the International Collision Regulations.
- 1.2 Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 2020, a copy of which is displayed on the Club notice board, website <https://www.legislation.gov.uk/uksi/2020/1261/made> and Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.1(a), Allegation of Misconduct..
- 1.3 It shall be the sole responsibility of each boat to decide whether or not to start or to continue to race.
- 1.4 The safety of a boat and her entire management, including insurance, shall be the sole responsibility of the owner/competitor who must ensure that the boat is fully found, thoroughly seaworthy, and manned by crew sufficient in number and experience, who are physically fit to face bad weather. The owner/competitor must be fully satisfied as to the soundness of the spars, rigging, sails and all other gear, and ensure that all safety equipment is properly maintained, stored and in date, and that the crew know where it is kept and how it is to be used.
- 1.5 The Regatta organisers, the Tamar River Sailing Club, shall not be liable for any loss, damage, death or personal injury, howsoever caused, to the owner/competitor, a skipper or crew as a result of their taking part in races. Moreover, every owner/competitor warrants the suitability of their boat for any race entered.
- 1.6 When racing in the vicinity of moorings and moored boats, yachts and dinghies shall sail with due regard to the risk of collision. Particular caution shall be exercised when sailing within the trotted moorings, in strong winds or gusty conditions. Any boat which causes damage to a moored boat should immediately retire from the race in which she was sailing at the time and report such incident to the Race Officer and Rear Commodore Sail. In serious cases of poor seamanship, a boat may be disqualified from such other races in the event as the Sailing Committee may decide.
- 1.7
- 1.7.1 By launching (or putting to sea) participants imply the suitability of their boat and the competence of the skipper and the crew for the expected or forecast conditions.

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- 172 Nothing done by the organisers (i.e. the club, the race management team, patrol craft and anyone helping to run the event) will relieve participants of their responsibilities.
- 173 The provision of patrol craft does not relieve participants of their responsibilities.

Neither the establishment of these conditions, nor their use by the race organisers in any way limits the absolute responsibility of the owner/competitor. The crew are nonetheless advised to satisfy themselves as to the experience of the skipper, and the adequacy of all safety equipment and insurance arrangements. Yachts shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision.

## 1.8

- 1.8.1 When **Flag 'Y'** is displayed with one sound before or with the warning signal, competitors shall wear life-jackets or other adequate personal buoyancy. Wet suits and dry suits are not adequate personal buoyancy.
- 1.8.2 It is the owner/ helms responsibility that adequate personal buoyancy must be worn at all times whilst participating in a race by crew members under the age of 16years.
- 1.8.3 All boats shall be adequately insured for third party racing cover – Minimum £2,000,000.

1.9 Competing yachts shall fly a distinguishing pennant corresponding to their class.

## 2 ENTRY FEES.

Entry shall be via the forms on the TRSC Website. Fees are to be paid to: Tamar River Sailing Club, Sort Code – 08-92-99 Account Number 65273131. £30 Per series or £20 per day. Novice race – FOC Cadets (under 18's 50% discount) Reference – Regatta Name / Helm. Nb. By signing up to this Regatta you give us your full authority to hold your personal details (securely) and to use any photographs or media material for the club / marketing purposes.

## 3 NOTICES TO COMPETITORS.

Notices to competitors will be posted on the Official Race Notice Board located in the Tamar River Sailing Club.

## 4 CHANGES TO SAILING INSTRUCTIONS.

Any changes to these sailing instructions will be posted on the Official Notice Board not later than 1 hour before the start of any race. **ORAL** instructions will only be given regarding the description and location of **Mark 'X'**.

## 5 SIGNALS.

All signals will be in accordance with RRS Race Signals, (except as modified by these sailing instructions), and will be displayed at the TRSC. Race start procedures may be broadcast on VHF CH37.

5.8 **SHORTEN COURSE SIGNALS.** (Alters RRS Race Signal 'S').

- 5.2(a) **Flag 'S'** - Means - **Finish the race at the prescribed finish line at the end of the round still to be completed by the leading boat.**
- 5.2(b) **Flag 'U'** over **Flag 'S'** - Means - **Finish the race when next crossing the finish line proceeding UP river, i.e. heading N.**
- 5.2(c) **Flag 'D'** over **Flag 'S'** - Means - **Finish the race when next crossing the finish line proceeding DOWN river, i.e. heading S.**

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## 6 CLASSES, CLASS FLAGS & START TIMES.

### 6.8 Yacht Classes

CLASS FLAG				START TIMES		
Novice helm, one class only	Any pennant	Friday Start 18:15 any	Saturday am	Saturday pm. 2 races Class A & B	Sunday am	Sunday pm
Cruisers A Fast	Numeral pennant 3		11:00	14:30 or Later. 2 <sup>nd</sup> race after last finisher	11:00	14:30 or later
Cruisers B Slow	Numeral pennant 4		11:05	14:35 or Later. 2 <sup>nd</sup> race after last finisher	11:05	14:35 or later
White Sail	White Flag		11.10	14.40 or later	11.10	14.40 or later

Notes:

**N.B - On the Afternoon Races a Postponement Flag 'AP' will be flown. On lowering a sound signal will be made and the Start Sequence will begin 1 minute later.**

**The number of classes Cruisers and white sail will be dependent on number of entries.**

6.9 Cruiser races will be rated under the RYA YTC System using fully published latest rating for all boats.

6.10 White Sail races will be handicapped under the RYA YTC White Sail rating. In exceptional circumstances the Race Committee will issue a rating.

7 **SAILOVERS** will not be permitted.

## 8 COURSES and MARKS.

The marks to be used will be indicated by lettered boards displayed in a rack adjacent to the race office. The lettered boards refer to various buoys as listed in Appendix A. The letters will be white on a **RED** or **GREEN** background, indicating PORT or STARBOARD hand respectively. These boards are to be read from left to right. A numeral board can be displayed after the lettered boards to indicate the number of rounds to be sailed. If no numeral board is displayed after a group of letters, the course indicated by this group will be sailed three times unless the course is shortened. (i.e. If ABC 2 XYZ is displayed, this means that the course consist of 2 laps of ABC followed by 3 laps of XYZ, whereas ABCABCXYZ means sail ABC two times, then XYZ one time, then repeat the whole course three times).

Boards representing the CLASS FLAGS may precede the course boards if different courses are set for each class.

All marks are rounding marks.

8.8 Yachts are prohibited from using the bridge channel between Drakes Island and the mainland when racing to and from, or within the Sound.

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## 9 STARTING SIGNALS. (Modifies RRS 26)

9.8 Races will be started in accordance with RRS 26

9.8.3 **Duty to keep clear (Exception to RRS 22).** A boat whose warning signal has not been made shall KEEP CLEAR OF THE START LINE AREA and of all boats whose warning signal has been made. Failure to comply with this instruction will lead to disqualification of the offending boats by the Race Officer without redress.

## 10 START/FINISH LINE.

The Start/Finish Line will be an extension of a line through the two striped posts situated in front of the TRSC Race Office. The outer transit post may be moved at the discretion of the race officer. **N.B. THE TRSC FLAGSTAFF DOES NOT FORM ANY PART OF THE START/FINISH LINE.**

## 11 RECALLS.

### 11.8 INDIVIDUAL RECALL.

When at her starting signal any part of a boats hull, crew, or equipment is on the course side of the starting line the Race Officer shall make a second sound signal. The onus of returning to start correctly lies entirely with the boat or boats concerned.

### 11.9 GENERAL RECALL. (Exception to RRS 29.2)

'First Substitute' General Recall Signal - means, - "The class is recalled for a fresh start in accordance with SI 11.2(a). This signal will be lowered after four minutes. The lowering of the First Substitute will not be accompanied by any sound signal."

11.10 In the event of a General Recall, the class or classes concerned will start at five-minute intervals after the last class in the programme and in the same order as that in which the General Recalls occurred.

## 12 CHANGE OF COURSE AFTER THE START

Flag 'C' - Means - "The course has been changed". This signal will be accompanied by a repeated sound signal. The signal will be displayed as the leading boat of a class approaches the start/finish line (either at the end of a lap or 'half lap') and will be kept displayed until all boats have crossed the start/finish line. It shall be the sole responsibility of each boat to ascertain the revised course.

## 13 TIME LIMITS. (Replaces RRS 35.)

13.1	FRIDAY EVENING RACE	21:00
	SATURDAY RACES	AM – 13.00 ; PM 17.00
	SUNDAY RACES	AM- 13.00 ; PM – 17.00

**Flag 'T'** (superior to Class Flags if necessary) will be displayed at the expiry of the time limit. The displaying of flag 'T' will NOT be accompanied by any sound signals, unless all boats in all classes still racing are all subject to the signal, in which case Flag 'T' will be accompanied by three sound signals.

13.2 If the leading boat of a class completes the course within the time limit, the race will be valid for all other boats in that class which complete the course within the time limit or within 30

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minutes of the leading boats elapsed time, whichever is the later.

- 13.3 If no boat of a class completes the course within the time limit, then the results will be calculated as at the end of the last round completed by the leading boat in that class.
- 13.4 Boats, which stop racing prior to the expiry of a time limit, will be eligible for results in accordance with SI 16.2

## 14 RETIREMENTS.

Boats retiring shall report their retirement to the Race Committee within 1 hour of finishing or retiring. Boats which fail to report their retirement within that time will be scored DND, unless a satisfactory explanation of the delay is presented to the Race Committee. Boats flying ensigns at the start or during a race will be deemed to have retired.

## 15 PROTESTS. (Modifies RRS 61)

Protests shall be made in accordance with RRS and shall be lodged in writing with the Race Committee not later than one hour after finishing or retiring, together with a fee of £10 which will be donated to the RNLI. Protests will be heard as soon as possible.

## 16 POINTS SCORING. (modifies RRS Appendix A)

16.8 Scoring will be in accordance with RRS Appendix A, using the Low Points Scoring System. The number of races to count will be as stated in SI 16.3.

16.9 Points for boats which do not score finishing points. The Declared Entry for a class will be equal to the number of entries for that class.

DNF	Did not finish	Starters + 1
RET	Retired after finishing	Starters + 1
DNS	Did not start	Starters + 1
OCS	On course side	Starters + 1
DSQ	Disqualified	Starters + 1
DND	Disqualification not discardable under RRS 1.3 or SI 15	Starters + 1
DNC	Did not compete	Declared Entry + 1

### 16.10 NUMBER OF RACES TO COUNT.

Class A & B.

5 Races Sailed – 1 discard.

1-4 races sailed – all races counts.

2 races will constitute a Regatta.

White Sail

4 Races Sailed – 1 discard.

1-3 races sailed – all races counts.

2 races will constitute a Regatta.

## 6 TROPHIES and PRIZES.

Prizes and Trophies will be awarded at 1630 on Sunday 5<sup>th</sup> July 2026

## 7 Contact during the race

- a. The race officer is normally reachable through VHF CH37. He/she may not be able to respond immediately during the start procedure or when

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communicating with safety boats.

- b. TRSC club house: 01752 362741 ; Alternatively on the TRSC Yacht What's App Group
- c. During the Regatta – Steve Smith (Rear Commodore Sail) – 07592 015534