



Dinghy Regatta Saturday 25th July to Sunday 26th July 2026 Incorporating the PPSA / ARMADA SAILS Traveller Super Series (Saturday 25th)

NOR / Sailing Instructions

This event comprises a series of 5 races to be run over Saturday and Sunday.

1. RULES AND SAFETY

- 1.1 All races will be governed by the World Sailing Racing Rules of Sailing, (RRS), the prescriptions of the Royal Yachting Association, the rules of the One Design Classes (except as any of these are altered by these sailing instructions), and by these sailing instructions. All races will be governed by the International Collision Regulations.
- 1.2 Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 2020, a copy of which is displayed on the Club notice board, website <https://www.legislation.gov.uk/ukxi/2020/1261/made> and Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.1(a), Allegation of Misconduct..
- 1.3 It shall be the sole responsibility of each boat to decide whether or not to start or to continue to race.
- 1.4 The safety of a boat and her entire management, including insurance, shall be the sole responsibility of the owner/competitor who must ensure that the boat is fully found, thoroughly seaworthy, and manned by crew sufficient in number and experience, who are physically fit to face bad weather. The owner/competitor must be fully satisfied as to the soundness of the spars, rigging, sails and all other gear, and ensure that all safety equipment is properly maintained, stored and in date, and that the crew know where it is kept and how it is to be used.
- 1.5 The Regatta organisers, the Tamar River Sailing Club, shall not be liable for any loss, damage, death or personal injury, howsoever caused, to the owner/competitor, a skipper or crew as a result of their taking part in races. Moreover, every owner/competitor warrants the suitability of their boat for any race entered.
- 1.6 When racing in the vicinity of moorings and moored boats, yachts and dinghies shall sail with due regard to the risk of collision. Particular caution shall be exercised when sailing within the trotted moorings, in strong winds or gusty conditions. Any boat which causes damage to a moored boat should immediately retire from the race in which she was sailing at the time and report such incident to the Race Officer and Rear Commodore Sail. In serious cases of poor seamanship, a boat may be disqualified from such other races in the event as the Sailing Committee may decide.

1.7



- 171 By launching (or putting to sea) participants imply the suitability of their boat and the competence of the skipper and the crew for the expected or forecast conditions.
- 172 Nothing done by the organisers (i.e. the club, the race management team, patrol craft and anyone helping to run the event) will relieve participants of their responsibilities.
- 173 The provision of patrol craft does not relieve participants of their responsibilities.

2.0 Sign on arrangements for dinghy races

- 2.1 Club races are governed by our Sailing Instructions which lay down the requirement to sign on and sign off after races. The sign on sheet is used by the Race Team to check all competitors are accounted for. It is therefore very important and failure to sign on and off will mean you will be disqualified from the race. Here are the key points to remember:
- 2.2 Every boat taking part must sign in on the Race Entry sheet before setting sail. The sheet will be found at the bottom of the steps to the race office.
- 2.3 If the crew of the boat are cadets (i.e. under 18) their parent, or another adult specifically authorised by their parent, must sign them in. Cadets cannot sign themselves into dinghy races.
- 2.4 The person who signs is confirming the boat is in a seaworthy state to set sail AND they are satisfied the crew are safe to take part in the race in the prevailing weather conditions. They are also confirming the boat has Third Party insurance.
- 2.5 The boat's crew (or in the case of cadets the adult who signs them in) takes responsibility for their safety and must not rely on the Race Team to look after them although clearly they will provide assistance so far as possible
- 2.6 When the boat returns to shore the crew must sign off using the Declaration Sheet (normally to be found near the steps to the race office). This confirms they are safely back AND have complied with the rules governing the race. Cadet crews can sign themselves in on return.
- 2.7 Boats launching from other clubs shall, before the first warning signal, indicate their participation to the race team and get positive acknowledgement before racing. The TRSC Dinghy What's App Group is an acceptable and recommended form of communication. Crossing the finish line will be deemed as 'returned safely'.
- 2.8 All boats must display a sail number by which they can be identified. The sign in sheet must include this number (not a different one!)

Neither the establishment of these conditions, nor their use by the race organisers in any way limits the absolute responsibility of the owner/competitor. The crew are nonetheless advised to satisfy themselves as to the experience of the skipper, and the adequacy of all safety equipment and insurance arrangements.

3 PERSONAL FLOATATION DEVICES

3.1 (Addition to RRS 1.2 and 40. Change to RRS 63.1) Competitors in dinghy racing shall wear personal floatation devices at all times. Wetsuits and Drysuits do NOT constitute adequate personal buoyancy. Offending boats will be disqualified by the Race Committee without protest.

3.2 In addition, each competing dinghy shall have a painter attached to the bow of the boat that is

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sufficiently long for rescue by a safety boat. Those boats that wish to attach this painter to the mast must lead it through a bow eye or cleat and have sufficient length available from the bow.

1 ELIGIBILITY & ENTRY FEES.

Entry shall be via the forms on the TRSC Website. Tamar River Sailing Club, Sort Code: 08-92-99, Account Number: 65273131, £30 series or £20 per day. Cadets (under 18's 50% discount). Reference – Regatta & Name of Helm. By signing up to this Regatta you give us your full authority to hold your personal details (securely) and to use any photographs or media material for club / marketing purposes.
Entry into the PPSA / ARMADA SAILS Traveller Series on the Saturday, is FOC.
All eligible boats holding a current handicap issued by the RYA.
The fleet may be split into classes, subject to the number of entries.

2 NOTICES TO COMPETITORS.

Notices to competitors will be posted on the Official Race Notice Board located in the Tamar River Sailing Club.

3 CHANGES TO SAILING INSTRUCTIONS.

Any changes to these sailing instructions will be posted on the Official Notice Board not later than 1 hour before the start of any race. **ORAL** instructions will only be given regarding the description and location of **Mark 'X'**.

4 SIGNALS.

All signals will be in accordance with RRS Race Signals, (except as modified by these sailing instructions), and will be displayed at the TRSC. Race start procedures may be broadcast on VHF CH37.

5 SHORTEN COURSE SIGNALS. (Alters RRS Race Signal 'S').

5.1(a) **Flag 'S'** - Means - **Finish the race at the prescribed finish line at the end of the round still to be completed by the leading boat.**

5.2(b) **Flag 'U'** over **Flag 'S'** - Means - **Finish the race when next crossing the finish line proceeding UP river, i.e. heading N.**

5.3(c) **Flag 'D'** over **Flag 'S'** - Means - **Finish the race when next crossing the finish line proceeding DOWN river, i.e. heading S.**

6 BRIEFING

There will be a race briefing at 1000 hrs on Saturday 25th outside the clubhouse.

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7 CLASSES, CLASS FLAGS & START TIMES.

a. Dinghy Classes

CLASS FLAG				START TIMES		
			Saturday am 3 RACES Back-to- Back	Saturday pm.	Sunday am 2 RACES Back- to-Back	Sunday pm
Fleet A PN 1019 & below	Pennant 2 Red/White/ Blue		11.00 2 nd / 3 rd After last finish		11:00	
Fleet B PN 1020 - 1169	Pennant 3 White Cross on Red background		11.05 2 nd /3 rd After last finish		11:05	
Fleet C Slow / Novice 1170 & above	Pennant 4 Yellow / Blue		11.10 2 nd / 3 rd After last finish		11.10	

Notes:

In the event of a Postponement - Flag 'AP' will be flown. On lowering a sound signal will be made and the Start Sequence will begin 1 minute later.

The number of Classes and Fleets will be dependent on number of entries.

8 **SAILOVERS** will not be permitted.

9 **COURSES** and **MARKS**.

The marks to be used will be indicated by lettered boards displayed in a rack adjacent to the race office. The lettered boards refer to various buoys as listed in Appendix A. The letters will be white on a **RED** or **GREEN** background, indicating PORT or STARBOARD hand respectively. These boards are to be read from left to right. A numeral board can be displayed after the lettered boards to indicate the number of rounds to be sailed. If no numeral board is displayed

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after a group of letters, the course indicated by this group will be sailed three times unless the course is shortened. (i.e. If 2(ABC) XYZ is displayed, this means that the course consist of 2 laps of ABC followed by XYZ, whereas ABCABCXYZ means sail ABC two times, then XYZ one time, then repeat the whole course three times).

Boards representing the CLASS FLAGS may precede the course boards if different courses are set for each class.

All marks are rounding marks.

10 STARTING SIGNALS. (Modifies RRS 26)

- a. Races will be started in accordance with RRS 26
- b. **Duty to keep clear (Exception to RRS 22).** A boat whose warning signal has not been made shall KEEP CLEAR OF THE START LINE AREA and of all boats whose warning signal has been made. Failure to comply with this instruction will lead to disqualification of the offending boats by the Race Officer without redress.

11 START/FINISH LINE.

The Start/Finish Line will be an extension of a line through the two striped posts situated in front of the TRSC Race Office. The outer transit post may be moved at the discretion of the race officer. **N.B. THE TRSC FLAGSTAFF DOES NOT FORM ANY PART OF THE START/FINISH LINE. All boats must keep clear of the finish line after finishing and avoid re-crossing the line whilst other boats are still finishing.**

12 RECALLS.

a. INDIVIDUAL RECALL.

When at her starting signal any part of a boats hull, crew, or equipment is on the course side of the starting line the Race Officer shall make a second sound signal. The onus of returning to start correctly lies entirely with the boat or boats concerned.

b. GENERAL RECALL. (Exception to RRS 29.2)

'First Substitute' General Recall Signal - means, - "The class is recalled for a fresh start in accordance with SI 11.2(a). This signal will be lowered after four minutes. The lowering of the First Substitute will not be accompanied by any sound signal."

- c. In the event of a General Recall, the class or classes concerned will start at five-minute intervals after the last class in the programme and in the same order as that in which the General Recalls occurred.

13 CHANGE OF COURSE AFTER THE START

Flag 'C' - Means - "The course has been changed". This signal will be accompanied by a repeated sound signal. The signal will be displayed as the leading boat of a class approaches the start/finish line (either at the end of a lap or 'half lap') and will be kept displayed until all boats have crossed the start/finish line. It shall be the sole responsibility of each boat to ascertain the revised course.

14 TIME LIMITS. (Replaces RRS 35.)

14.1

SATURDAY RACES	20 mins after the 1 st race finisher
SUNDAY RACES	20 mins after the 1 st race finisher



Flag 'T' (superior to Class Flags if necessary) will be displayed at the expiry of the time limit. The displaying of flag 'T' will NOT be accompanied by any sound signals, unless all boats in all classes still racing are all subject to the signal, in which case Flag 'T' will be accompanied by three sound signals.

14.2 If the leading boat of a class completes the course within the time limit, the race will be valid for all other boats in that class which complete the course within the time limit or within 30 minutes of the leading boats elapsed time, whichever is the later.

14.3 If no boat of a class completes the course within the time limit, then the results will be calculated as at the end of the last round completed by the leading boat in that class.

14.4 Boats, which stop racing prior to the expiry of a time limit, will be eligible for results in accordance with SI 16.2

15 Penalties RRS 44.1 (Amended) Taking a Penalty – A dinghy may take a ONE – Turn penalty in lieu of a two – turn penalty, should one or more rules of RRS Part 2 be broken.

16 RETIREMENTS.

Boats retiring shall report their retirement to the Race Committee within 30 minutes of finishing or retiring. Boats which fail to report their retirement within that time will be scored DND, unless a satisfactory explanation of the delay is presented to the Race Committee.

17 PROTESTS. (Modifies RRS 61)

Protests shall be made in accordance with RRS and shall be lodged in writing with the Race Committee not later than one hour after finishing or retiring, together with a fee of £10 which will be donated to the RNLI. Protests will be heard as soon as possible.

18 POINTS SCORING. (modifies RRS Appendix A)

18.2 Scoring will be in accordance with RRS Appendix A, using the Low Points Scoring System. The number of races to count will be as stated in SI 16.3.

18.3 Points for boats which do not score finishing points. The Declared Entry for a class will be equal to the number of entries for that class.

DNF	Did not finish	Starters + 1
RET	Retired after finishing	Starters + 1
DNS	Did not start	Starters + 1
OCS	On course side	Starters + 1
DSQ	Disqualified	Starters + 1
DND	Disqualification not discardable under RRS 1.3 or SI 15	Declared Entry + 1
DNC	Did not compete	Declared Entry + 1

NUMBER OF RACES TO COUNT.

All classes

5 Races Sailed – 1 discard.

1-4 races sailed – all races to count.

2 races will constitute a Regatta.

N.B – Results for PPSA / ARMADA SAILS Traveller Series will apply separately for the 3 races on

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Saturday. N.B – This may be held over to the Sunday if for any reason racing on the Saturday is cancelled.

19 TROPHIES and PRIZES.

Main Regatta Prizes and Trophies will be awarded at 1630 hrs on Sunday 26th July.
PPSA / ARMADA SAILS Spot Fun Prizes will be presented at 1700 hrs on Saturday 25th July.

ADDENDUM – For information on the **PPSA / ARMADA SAILS TRAVELLER SERIES 2026**, please refer to separate NOR/ SI's published on the PPSA Website.

20 Contact during the Regatta

TRSC clubhouse: 01752 362741 ; TRSC DINGHY WHATS APP GROUP
Steve Smith (RC SAIL) – 07592 015534 e-mail : rearcommodoresail@tamarriversailingclub.co.uk