



Yacht Regatta Friday 28th June to Sunday 30th June 2019 Sailing Instructions

1. RULES AND SAFETY

- 1.1 All races will be governed by the ISAF Racing Rules of Sailing, (RRS), the prescriptions of the Royal Yachting Association, the rules of the One Design Classes (except as any of these are altered by these sailing instructions), and by these sailing instructions. White sail races will be governed by the International Collision Regulations.
- 1.2 Boats shall comply with such regulations as may be in force within the Dockyard Port of Plymouth. In particular, regulations regarding the safe navigation of large vessels shall be strictly observed. Any breach of such regulations may result in the boat concerned being disqualified from the race in which she was sailing at the time, or, in serious cases, from such races as the protest committee may decide. Attention is drawn to the Current Dockyard Port of Plymouth Order, and to Plymouth Local Notices to Mariners, copies of which are displayed on the TRSC notice board and are available on the QHM website.
- 1.3 It shall be the sole responsibility of each boat to decide whether or not to start or to continue to race.
- 1.4 The safety of a boat and her entire management, including insurance, shall be the sole responsibility of the owner/competitor who must ensure that the boat is fully found, thoroughly seaworthy, and manned by crew sufficient in number and experience, who are physically fit to face bad weather. The owner/competitor must be fully satisfied as to the soundness of the spars, rigging, sails and all other gear, and ensure that all safety equipment is properly maintained, stored and in date, and that the crew know where it is kept and how it is to be used.
- 1.5 The Regatta organisers, the Tamar River Sailing Club, shall not be liable for any loss, damage, death or personal injury, howsoever caused, to the owner/competitor, a skipper or crew as a result of their taking part in races. Moreover, every owner/competitor warrants the suitability of their boat for any race entered.
- 1.6
- 1.6.1 By launching (or putting to sea) participants imply the suitability of their boat and the competence of the skipper and the crew for the expected or forecast conditions.
- 1.6.2 Nothing done by the organisers (i.e. the club, the race management team, patrol craft and anyone helping to run the event) will relieve participants of their responsibilities.
- 1.6.3 The provision of patrol craft does not relieve participants of their responsibilities.

Neither the establishment of these conditions, nor their use by the race organisers in any way limits the absolute responsibility of the owner/competitor. The crew are nonetheless advised to satisfy themselves as to the experience of the skipper, and the adequacy of all safety equipment and insurance arrangements. Yachts shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision.

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1.7

- 1.7.1 When **Flag 'Y'** is displayed with one sound before or with the warning signal, competitors shall wear life-jackets or other adequate personal buoyancy. Wet suits and dry suits are not adequate personal buoyancy.
- 1.7.2 It is the owner/ helms responsibility that adequate personal buoyancy must be worn at all times whilst participating in a race by crew members under the age of 16years.
- 1.8 All boats shall be adequately insured for third party racing cover.
- 1.9 Competing yachts shall fly a distinguishing pennant corresponding to their class.

2. ENTRY FEES.

Entries shall be made on a TRSC Regatta Entry Form (see <http://www.tamarriversailingclub.co.uk/>) and sent to the Regatta Secretary at Tamar River Sailing Club, 883 Wolseley Road, St Budeaux, Plymouth PL5 1JX, together with the Entry Fee, as specified in the Notice of Race. Late entries will be accepted at the discretion of the race committee.

3. NOTICES TO COMPETITORS.

Notices to competitors will be posted on the Official Race Notice Board located in the Tamar River Sailing Club.

4. CHANGES TO SAILING INSTRUCTIONS.

Any changes to these sailing instructions will be posted on the Official Notice Board not later than 1 hour before the start of any race. **ORAL** instructions will only be given regarding the description and location of **Mark 'X'**.

5. SIGNALS.

All signals will be in accordance with RRS Race Signals, (except as modified by these sailing instructions), and will be displayed at the TRSC. Race start procedures may be broadcast on VHF CH72.

5.1 FRESH COURSE SIGNAL. (Addition to RRS Race Signals)

Flag 'F' displayed PRIOR to the warning signal - Means - "The course has been changed from that previously set." This signal will be accompanied by one long sound signal. It shall be the sole responsibility of each boat to ascertain the revised course.

5.2 SHORTEN COURSE SIGNALS. (Alters RRS Race Signal 'S').

- 5.2(a) **Flag 'S'** - Means - **Finish the race at the prescribed finish line at the end of the round still to be completed by the leading boat.**
- 5.2(b) **Flag 'U' over Flag 'S'** - Means - **Finish the race when next crossing the finish line proceeding UP river, i.e. heading N.**
- 5.2(c) **Flag 'D' over Flag 'S'** - Means - **Finish the race when next crossing the finish line proceeding DOWN river, i.e. heading S.**

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6. CLASSES, CLASS FLAGS & START TIMES.

6.1 Yacht Classes

CLASS FLAG		START TIMES			
Novice helm, one class only	Friday Start 18:30 any pennant	Saturday am	Saturday pm	Sunday am	Sunday pm
Cruisers	Numeral pennant 2	10:30	14:30 or later	11:00	14:30 or later
White Sail	Numeral pennant 1 or white square	10:35	14:35 or later	11:05	14:35 or later

Notes:

- a. The number of classes Cruisers will be dependent on number of entries.
- b. White Sail entrants should fly a white handkerchief or similar from the backstay.

6.2 Cruiser races are for mono-hull boats as handicapped under the PPSA system.

7. **SAILOVERS** will not be permitted.

8. COURSES and MARKS.

The marks to be used will be indicated by lettered boards displayed in a rack adjacent to the race office. The lettered boards refer to various buoys as listed in Appendix A. The letters will be white on a **RED** or **GREEN** background, indicating PORT or STARBOARD hand respectively. These boards are to be read from left to right. A numeral board can be displayed after the lettered boards to indicate the number of rounds to be sailed. If no numeral board is displayed after a group of letters, the course indicated by this group will be sailed three times unless the course is shortened. (i.e. If ABC 2 XYZ is displayed, this means that the course consist of 2 laps of ABC followed by 3 laps of XYZ, whereas ABCABCXYZ means sail ABC two times, then XYZ one time, then repeat the whole course three times).

Boards representing the CLASS FLAGS may precede the course boards if different courses are set for each class.

8.1 Yachts are prohibited from using the bridge channel between Drakes Island and the mainland when racing to and from, or within the Sound.

9. STARTING SIGNALS. (Modifies RRS 26)

9.1 Races will be started in accordance with RRS 26

9.1.1 **Duty to keep clear (Exception to RRS 22).** A boat whose warning signal has not been made shall KEEP CLEAR OF THE START LINE AREA and of all boats whose warning signal has been made. Failure to comply with this instruction will lead to disqualification of the offending boats by the Race Officer without redress.

10. START/FINISH LINE.

The Start/Finish Line will be an extension of a line through the two Red and White posts situated in front of the TRSC Race Office. The outer transit post may be moved at the discretion of the race officer. **N.B. THE TRSC FLAGSTAFF DOES NOT FORM ANY PART OF THE START/FINISH LINE.**

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11. RECALLS.

11.1 INDIVIDUAL RECALL.

When at her starting signal any part of a boats hull, crew, or equipment is on the course side of the starting line the Race Officer shall make a second sound signal and raise **Flag 'X'** until such boats are wholly on the pre-start side of the starting line, or, for four minutes after the starting signal whichever is the earlier. The onus of returning to start correctly lies entirely with the boat or boats concerned.

11.2 GENERAL RECALL. (Exception to RRS 29.2)

'First Substitute' General Recall Signal - means, - **"The class is recalled for a fresh start in accordance with SI 11.2(a).** This signal will be lowered after four minutes. The lowering of the First Substitute will not be accompanied by any sound signal."

11.3 In the event of a General Recall, the class or classes concerned will start at five-minute intervals after the last class in the programme and in the same order as that in which the General Recalls occurred.

12. CHANGE OF COURSE AFTER THE START

Flag 'C' - Means - **"The course has been changed"**. This signal will be accompanied by a repeated sound signal. The signal will be displayed as the leading boat of a class approaches the start/finish line (either at the end of a lap or 'half lap') and will be kept displayed until all boats have crossed the start/finish line. It shall be the sole responsibility of each boat to ascertain the revised course.

13. TIME LIMITS. (Replaces RRS 35.)

13.1

FRIDAY EVENING RACE	21:00
SATURDAY am RACES	13:00
SATURDAY pm RACES	16:30
SUNDAY am RACES	13:00
SUNDAY pm RACES	16:00

Flag 'T' (superior to Class Flags if necessary) will be displayed at the expiry of the time limit. The displaying of flag 'T' will NOT be accompanied by any sound signals, unless all boats in all classes still racing are all subject to the signal, in which case Flag 'T' will be accompanied by three sound signals.

13.2 If the leading boat of a class completes the course within the time limit, the race will be valid for all other boats in that class which complete the course within the time limit or within 30 minutes of the leading boats elapsed time, whichever is the later.

13.3 If no boat of a class completes the course within the time limit, then the results will be calculated as at the end of the last round completed by the leading boat in that class.

13.4 Boats, which stop racing prior to the expiry of a time limit, will be eligible for results in accordance with SI 16.2

14. RETIREMENTS.

Boats retiring shall report their retirement to the Race Committee within 1 hour of finishing or retiring. Boats which fail to report their retirement within that time will be scored DND, unless a satisfactory explanation of the delay is presented to the Race Committee. Boats flying ensigns at the start or during a race will be deemed to have retired.

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15. PROTESTS. (Modifies RRS 61)

Protests shall be made in accordance with RRS and shall be lodged in writing with the Race Committee not later than one hour after finishing or retiring, together with a fee of £10 which will be donated to the RNLI. Protests will be heard as soon as possible.

16. POINTS SCORING. (modifies RRS Appendix A)

16.1 Scoring will be in accordance with RRS Appendix A, using the Low Points Scoring System. The number of races to count will be as stated in SI 16.3.

16.2 Points for boats which do not score finishing points. The Declared Entry for a class will be equal to the number of entries for that class.

DNF	Did not finish	Starters + 1
RET	Retired after finishing	Starters + 1
DNS	Did not start	Starters + 1
OCS	On course side	Starters + 1
DSQ	Disqualified	Starters + 1
DND	Disqualification not discardable under RRS 1.3 or SI 15	Declared Entry + 1
DNC	Did not compete	Declared Entry + 1

16.3 NUMBER OF RACES TO COUNT.

All races to count. 2 races will constitute a series.

17. TROPHIES and PRIZES.

Prizes and Trophies will be awarded at 1630 on 30th June 2019

18. Contact during the race

18.1 The race officer is normally reachable through VHF CH72. He/she may not be able to respond immediately during the start procedure or when communicating with safety boats.

18.2 TRSC club house: 01752 362741